Changing Me

Puzzle Map - Year 1

Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create Tree of Change display



| Weekly Celebration | Pieces | PSHE Education (Developed from National Framework DfEE 2000) | Emotional Literacy/Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004) | Resources |
|---|--|---|---|--|
| Understand that everyone is unique and special | 1. Life cycles | I am starting to understand the life cycles of animals and humans | I understand that changes happen as we grow and that this is OK | Jigsaw Chime, 'Calm Me' script, Find your pair cards, Jigsaw Song sheet: 'Changing as I grow' BBC Learning Clip: 9463 Frogs, Teacher's photos: series of photos from baby to adult, Life cycle cards, Jigsaw Journals. |
| Can express how they feel when change happens | 2. Changing Me | I can tell you some things about me that have changed and some things about me that have stayed the same | I know that changes are OK and that sometimes they will happen whether I want them to or not | Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Life cycle cards, Paper for concertina book, Jigsaw Journals. |
| Understand and respect the changes that they see in themselves | 3. My Changing Body | I can tell you how my body has changed since I was a baby | I understand that growing up is natural and that everybody grows at different rates | Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Baby photo of the teacher, Baby photos brought in by the children, Jigsaw Journals. |
| Understand and respect the changes that they see in other people | 4. Boys' and Girls' Bodies Assessment Opportunity | I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina | I respect my body and understand which parts are private | Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Male/female animal Powerpoint, PE hoops or flipchart paper, Body parts cards and Powerpoint, Jigsaw Journals. |
| Know who to ask for help if they are worried about change | 5. Learning and Growing | I understand that every time I learn something new I change a little bit | I enjoy learning new things | Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Jigsaw Song sheet: 'Changing as I grow', Picture cards, Flower shape and petals for flipchart, Flower template, Photos of the children, Jigsaw Journals. |
| Are looking forward to change | 6. Coping with Changes | I can tell you about changes that have happened in my life | I know some ways to cope with changes | Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Book: 'Moving Molly' by Shirley Hughes, Bag of items for Changes Game, Jigsaw Journals. |